

1st Keto Live E-Learning-Conference from Burghausen Bavaria

Ketogenic Metabolic Therapies

Escape Route from the
COVID-19 Risk Group





Keto Live Project proudly presents

Ketogenic Metabolic Therapies

Escape Route from the COVID-19 Risk Group

European Keto Live Conference 2020 / 1st Keto Live E-Learning Conference 2020/21
from Burghausen, Germany
about the power of food and Ketogenic Metabolic Therapies as a medical tool

Conference Program 2020/21

November 2020 - This schedule is subject to change

Part I – English

E-Learning Module - Introduction - The European Keto Live Centre

PStS Stephan Mayer, MdB Germany
Parliamentary state secretary to the federal minister of the interior
"The Elephant in the Room and the European Keto Live Centre"

Dr. Tatiana Zarubina Ph.D., Russia, Switzerland - IP Global Solutions
„The European Keto Live Centre“

Introducing Ketogenic Metabolic Therapies and some of our Advisory Board Members

Jim Abrahams, United States of America
„A compelling review of the history of how his family found the ketogenic diet,
its effect on his son, the mission of the Charlie Foundation and the new
applications that have emerged“
Beth Zupec-Kania RDN, CD, United States of America - The Charlie Foundation

Prof. Thomas Seyfried, United States of America - Boston College
Dr. Georgia Ede MD, United States of America - Diagnosis Diet
Dr. Ian Lake MD, United Kingdom - Type 1 Keto
Dr. Peter Voshol PhD, Netherlands - Louis Bolk Institute
Dr. Ana Jacob MD, Romania, Switzerland -Psychiatric Department - Valais Hospital
Dorian Greenow, UK, USA, Keto Mojo

„First do no Harm“ - Movie by the Charlie Foundation

E-Learning Module - Flatten the NCD Curve to Face Future Viral Attacks

Panel with Advisory Board Members of the European Keto Live Centre
Dr. John Schoonbee MD Swiss RE, Ivor Cummins BE(Chem), CEng MIEI, Ireland,
Dr. Adrian Stoto Mota MD, Mexico, Prof. Dr. Marcus Säemann MD, Wihelminen Spital
Vienna, Austria

Prof Dr Thorsten Cramer MD, Germany
„Interdisciplinary Keto Consultation Hours
at the University-Hospital RWTH Aachen“

Ivor Cummins BE(Chem), CEng MIEI, Ireland
“Vitamin D to Prevent Lockdowns and Breakdowns of
our Economy and Healthcare Systems?“



E-Learning Module - Heart & CVD - Insulin Resistance

Dr Amy McKenzie PhD, United States of America, Germany
“High-Risk Atherosclerosis and Metabolic Phenotype”
Virta Health

Ivor Cummins BE(Chem), CEng MIEI, Ireland
„Don’t wait till it’s too late!“ Understanding the Coronary Artery Calcium Score (CAC)

Gabor Endorsi, Hungary
„Metabolic Profiling for Early Identification of Health Decline“
Metabolic Project

E-Learning Module – Cancer

Patricia Daly BA Hons, dipNT, mBANT, rCNHC, Schweiz, Irland
„Ketogenic Metabolic Therapies in Cancer Treatment“
The British Association for Nutrition and Lifestyle Medicine

Prof Thomas Seyfried, United States of America
„Cancer as a Metabolic Disease“
Boston College

Prof Thomas Seyfried - United States of America
„Press -Pulse a Novel Therapeutic Strategy for the Metabolic Treatment of Cancer“
Boston College

E-Learning Module - Diabetes

Dr Ian Lake MD, United Kingdom
"Rethinking Nutrition in Type 1 Diabetes - zerofive100 Project"
Type 1 Keto

Dr Peter Voshol PhD, Netherlands
„The Dutch Miracle - Reverse Diabetes 2 Now“
Louis Bolk Institute

Prof Dr Marcus Säemann MD, Austria
„Diabetes and the Kidney: New Frontiers“
Medical Department of Nephrology & Dialysis, Wilhelminenspital, Vienna

E-Learning Module - Neurology - Psychiatry

Dr Adrian Soto Mota MD, Mexico, United Kingdom
„The Type 3 Diabetes Hypothesis“
University of Oxford

Dr Georgia Ede, United States of America
“Understanding Food and the Brain - Nutritional Psychiatry
offers new Treatment Options for Mental Health Disorders”

Dr Eline Dekeyster PhD, Belgium, Netherlands
“We can change the future, let's start today!”
How metabolic interventions can improve our neurological health”
Obtained her PhD at the Research Group Neural Circuit Development and Regeneration,
KU Leuven



E-Learning Module – Tools to regain Metabolic Health

Beth Zupec-Kania, RDN, CD – Consultant, USA
About the variations in Ketogenic Diet Therapies and the different applications based on the degree of scientific medical evidence
The Charlie Foundation

Dorian Greenow, UK, United States of America,
“Empowering the Patient & Giving Doctors the Tools for Success”
Keto Mojo

“The Widowmaker” / Documentation Irish Heart Disease Awareness
„Extra Time“ / Documentation Irish Heart Disease Awareness

Part II – German

Ketogene Metabolische Therapien- Fluchtweg aus der COVID-19 Risiko Gruppe

Dr Susanne Zimmer & Josephine Barbarino
Interview zum European Keto Live Centre
Information & Training Centre for Ketogenic Metabolic Therapies
Ketogene Ernährung im Kampf gegen NCD

Prof. Dr. Helene von Bibra & Josephine Barbarino
Die Pandemie über der Pandemie
Insulin Resistenz - gibt es einen Fluchtweg Weg aus der COVID-19 Risiko Gruppe?

E-Learning Module - Ernährung - Insulin Resistenz & die Folgen

Prof. Dr. Helene von Bibra
Herzinsuffizienz (HFpEF) und Ihre Determinante
Insulinresistenz

“The Widowmaker” / Dokumentation mit Deutschen Untertiteln
Irish Heart Disease Awareness

Anita Kunz, Nutrition Network Health Coach, Schweiz
„Ran an den Speck? Gesund, köstlich und dauerhaft Gewicht verlieren!“
Heartcheck.ch

E-Learning Module - Krebs - Psychiatrie & Neurologie

Patricia Daly BA Hons, dipNT, mBANT, rCNHC, Schweiz, Irland
„Ketogene Ernährung bei Krebs“
The British Association for Nutrition and Lifestyle Medicine

Dr. med. Jürg Kuoni, Schweiz
„Was lernen unsere Ärzte über die Kraft der Ernährung -
Können wir T2D vorbeugen oder gar in Remission bringen?“

Dr. med. Zvonko Mir, Kroatien, Schweiz
„Ketogene Metabolische Therapie in meiner Neurologischen & Psychiatrischen Praxis“

[Weil es noch Hoffnung gibt“ Spielfilm Charlie Foundation](#)



COVID-19 hit again!

Due to the new COVID-19 travel and meeting restrictions, we have been forced to cancel the CME /CPD certified European Keto Live Conference 2020 in Burghausen Bavaria "Ketogenic Metabolic Therapies - Escape Route from the COVID-19 Risk Group"

We believe in the multiple benefits of live Events - while it seems easy to attend a 3-day Conference, meeting people, new and old friends exchanging ideas and news - it is almost impossible to follow all lectures at a 3-day Livestream Conference.

We decided to change the lost opportunity to meet and connect into a chance to watch, learn and collect CME/CPD Credits at your own pace. We are now creating for you the

1st Keto Live E-Learning Conference 2020/21

Like with every Conference there are changes in the program – sadly some of our speakers from the European Keto Live Conference 2020 are just overwhelmed with work due to Covid-19 or with the technical challenge to record their lecture and decided not to take part in the new format.

The good news - with the E-Learning format - we are no longer bound to time or travel restrictions which enabled us to ask for additional lectures by our Advisory Board Members outside of Europe.

We are therefore very proud to announce that

the Charlie Foundation contributed with Jim Abrahams compelling review of „the history of how his family found the ketogenic diet, its effect on his son, the mission of the Charlie Foundation and the new applications that have emerged“. Beth Zupac-Kania will lecture about „the variations in ketogenic diet therapies and the different applications based on the degree of scientific medical evidence“. And Dorian Greenow will provide us with new insides on how measuring Glucose and Ketones could help in the fight against NCD.

Prof Thomas Seyfried permitted us to use his lectures from our founding Conference in Switzerland on „Cancer as a Metabolic Disease“ and „Press-Pulse a novel therapeutic strategy for the metabolic treatment of Cancer“ and Dr Gorgia Ede her lecture on „Understanding Food and the Brain: Nutritional Psychiatry offers new Treatment Options for Mental Health Disorders“

We are very happy that Prof. Dr Helene von Bibra one of the pioneers in the science of Insulin Resistance and Heart Disease agreed to contribute her knowledge in Part II – the German part of the Conference „Ketogene Metabolische Therapien Fluchtweg aus der COVID-19 Risiko Gruppe“

After editing and completing with a CME Test-Questionnaire provided by the speakers the conference has again to undergo the CME/CPD certification process by the different associations - which from our experience could take some time – we still hope to go online in December 2020.

Everyone who previously booked a LIVE ON-SITE ticket will automatically receive the VIRTUAL E-LEARNING version which will include

1. Accreditation by personal Online Registration
2. certified Bonus lectures
3. CME/CPD Test-Questionnaire and validation
4. Keto Live will -mail all E-learning CME/ CPD certificates as PDF
5. Your registration, your access to the E-Learning Lectures/Modules and the possibility to collect Credits will be valid till January 2022.

For further questions, please call +49 151 25 25 0 100 or contact us via E-Mail ketoliveproject@gmail.com



CME / CPD

Keto Live Project offers Continuous Medical Education Credits for Physicians and Continuous Practical Development Credits for Dietitians, Nutritionists and Medical Professionals in

Germany, Switzerland, Austria, Armenia, Belgium, Bulgaria, Croatia, Cyprus, Finland, Georgia, Greece, Hungary, Ireland, Regione Lombardia, Luxembourg, Malta, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden, Tunisia, Turkey, United Kingdom, USA & Canada

It is the responsibility of the attendee to adhere to the CME /CPD requirements of his/her licensing board and to ensure these credits will be approved before registering for the conference. Keto Live Project cannot provide this information to attendees.

Due to the separat accreditation process for the E-Learning Version of the European Keto Live Conference 2020 the number of CME /CPD Credits might change!

The European Keto Live Conference 2020, Burghausen, Germany, 13/11/2020 -15/11/2020 has been

accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **23 European CME credits (ECMEC®s)**. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of **AMA PRA Category 1 Credits™**. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the **Royal College of Physicians and Surgeons of Canada**.

13.11.2020 = 7 ECMEC®s 14.11.2020 = 8 ECMEC®s 15.11.2020 = 8 ECMEC®s

23 CME Credits by the Bavarian State Medical Association **BLÄK**

13.11.2020 = 7 CME 14.11.2020 = 8 CME 15.11.2020 = 8 CME

11 CME Credits by the Swiss Society for Medical Oncology **SSMO-SGMO-SSOM**

13.11.2020 = 4 CME 14.11.2020 = 5 CME 15.11.2020 = 2 CME

18 SVDE Points by the Swiss Association for Nutritionists and Dietitians **SVDE ASDD**

13.11.2020 = 10 SVDE Points 14.11.2020 = 10 SVDE Points 15.11.2020 = 10 SVDE Points



BAYERISCHE
LANDESÄRZTEKAMMER



18 Punkte
points | punti
SVDE ASDD



More Information & Registration at www.keto-live.com

The Conference is brought to you by

Keto Live Project e.V.
The European Keto Live Centre
Information and Training Centre for Ketogenic Metabolic Therapies

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Medical Consultation & Supervision:
The EKLC Advisory Board

Medical Consultation & Supervision of the Conference:
Prof Dr Markus Stoffel MD, Munich
www.privatpraxis-kosttor.de

Dr Suzan Oruc MD, Burghausen
<http://www.urologie-burghausen.docsite.de/>

Assisting Supervision at the Conference
Dr Ernst Spindler PhD, Burghausen

If you like to visit us in Burghausen, Bavaria

Where to stay?

Altstadt Hotels Burghausen

Hotel Post
Stadtplatz 39, 84489 Burghausen
Phone: +49 8677 965-0
Email: info@altstadthotels.net

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